Student Leadership Portrait





Student Leadership Portrait Personal Effectiveness



COMPETENCY	SUB-COMPETENCIES
Responsibility	Self-Awareness
The ability to be aware of one's actions and their impact, take proactive steps towards achieving goals, and manage emotions effectively.	The ability to recognize and understand one's own emotions, strengths, areas for growth, values, and motivations, and how they impact one's behavior and interactions with others.
	Initiative
	The ability to take action and responsibility without being told to do so.
	Emotion Regulation
	The ability to manage one's emotions in a healthy way, so they do not interfere with one's ability to think clearly and make rational decisions.
Vision The ability to imagine a meaningful future	Values Clarification
	The ongoing process of reflecting on one's experiences, beliefs and priorities, to understand what truly matters and to make decisions and take actions that are consistent with those values.
outcome and create a	Planning Ahead
plan to get there.	The ability to anticipate future needs, set goals, develop strategies, and allocate resources to achieve desired outcomes.
	Goal Setting
	The process of identifying desired outcomes, establishing specific targets, and developing a plan to achieve those targets.
Prioritization	Time Management
The ability to plan and	The ability to effectively plan, organize and allocate time to achieve personal and academic goals.
allocate one's time	Discipline
based on goals and values, and show the discipline to follow through.	The ability to control oneself and follow through on commitments, even when faced with distractions or challenges.
	Adaptability
	The ability to adjust to changing circumstances, learn new skills, and embrace new challenges
Higher-Order Thinking The ability to evaluate information, reflect on one's own thought processes, creatively solve complex problems, and lead one's learning.	Critical Thinking
	The ability to analyze information objectively, identify biases, evaluate evidence and form well-
	supported conclusions.
	Metacognition
	The ability to be aware of your own thinking processes, monitor your understanding and adjust your learning strategies accordingly.
	Problem-Solving
	Problem-solving is the ability to identify problems, analyze their causes, develop and evaluate potential solutions, and implement the best solution.

Student Leadership Portrait Interpersonal Effectiveness



COMPETENCY	SUB-COMPETENCIES
Relationship Building The ability to develop relationships through consistent interactions that build trust and that balance one's personal needs with the needs of others.	Abundance Mindset
	The ability to believe that there is enough success and opportunity for everyone to achieve their goals, fostering a positive and supportive environment.
	Courage & Consideration
	The ability to speak your truth directly and openly while being mindful of the other person's feelings and perspective, balancing honesty and assertiveness with empathy and respect.
	Trust
	The ability to manage one's emotions in a healthy way, so they do not interfere with one's ability to The ability to have confidence in another person's character, competence, and intentions, believing that they will act in your best interest and be reliable, honest, and supportive.
Communication	Listening
The ability to reach	The ability to actively pay attention to and comprehend spoken words and nonverbal cues from others.
mutual understanding with others, convey	Verbal Expression
thoughts clearly,	The ability to clearly and effectively communicate thoughts, ideas, and feelings using spoken language.
and effectively use	Non-verbal Behaviors
body language to communicate.	The ability to communicate effectively through body language, facial expressions, and tone of voice, ensuring that nonverbal cues align with spoken words to enhance the overall message.
Empathy	Understanding
The ability to understand and	The ability to perceive, interpret, and empathize with the thoughts, feelings, and experiences of others, fostering mutual understanding and respect.
respect other people's	Humility
thoughts and feelings with the intent to see their perspective.	The ability to recognize and acknowledge one's own limitations and strengths while remaining curious, open-minded, and teachable.
	Respect
	The ability to treat others with dignity, appreciation, and consideration, regardless of their background, beliefs, or values.
Collaboration	Valuing Differences
The ability to work together in a way that draws on everyone's unique strengths and ideas in order to find the best solution.	The ability to recognize and appreciate the unique values and perspectives of individuals from diverse backgrounds, cultures, and beliefs.
	Creative Cooperation
	The ability to leverage the diverse talents, perspectives, and ideas of individuals to generate innovative solutions and achieve common goals.
	Resolving Conflicts
	The ability to address disagreements constructively by identifying common ground, understanding different perspectives, and working collaboratively to find mutually acceptable solutions.

Student Leadership Portrait Lead Self



COMPETENCY	SUB-COMPETENCIES
Develop Strengths The ability to identify one's own talents and areas of passion and the determination to develop them.	Conscience The ability to sense when actions or contemplated actions are in alignment with deeply held values and principles.
	Passion Cultivation The process of identifying and nurturing one's passions and interests. It involves exploring different activities, discovering what brings joy and fulfillment, and developing the skills and knowledge to pursue those passions.
	Talent Application The ability to identify, develop, and utilize one's talents and strengths to achieve personal and professional goals. It involves self-assessment, skill development, and strategic application of abilities in various contexts.
Actively Contribute The awareness and ability to connect one's own unique talents and strengths to a need in the world and take principled action that creates positive change.	Global Awareness An understanding of the interconnectedness of our world and the ability to appreciate diverse perspectives, cultures, and issues. It involves knowledge of global events, cultural sensitivity, and an appreciation for the interdependence of nations and peoples.
	Service-Minded The ability to identify and respond to the needs of others by applying one's talents and strengths to make a positive impact and contribute meaningfully to the community.
	Community Engagement The ability to engage with and positively impact one's local community through active participation, fostering connections, and working together on community projects and initiatives.
Achieve Goals The ability to set a focused goal, identify the steps to take, track progress, and accomplish the desired outcome.	Focus The ability to concentrate efforts on the most important goals by prioritizing actions, maintaining clarity, and consistently aligning activities with desired outcomes.
	Accountability The ability to take ownership of responsibilities by regularly tracking progress, evaluating performance, and making adjustments to ensure the achievement of desired results.
	Perseverance The ability to persist in the face of challenges, obstacles, and setbacks. It involves resilience, determination, and a belief in one's ability to overcome difficulties.
Foster Wellness The commitment to consistently grow one's own capacity through intentional choices that promote balance and resilience.	Renewal The process of restoring and maintaining physical, mental, and emotional well-being. It involves engaging in activities that nourish the mind, body, and spirit.
	Balance The ability to create and maintain equilibrium in life by regularly evaluating and adjusting priorities, setting boundaries, and effectively managing time.
	Continuous Improvement The ability to consistently enhance performance and achieve excellence by learning from experiences, identifying areas for growth, and implementing necessary changes.

Student Leadership Portrait Lead Others



COMPETENCY	SUB-COMPETENCIES
Cultivate Trust	Positive Intent
The ability to model both character and competence in a way that builds trust and inspires confidence.	The ability to believe that all people have good intentions, giving them the benefit of the doubt and seeking to understand their underlying motivations even when their actions or words suggest otherwise.
	Integrity
	The skills, knowledge, abilities, and experiences that an individual possesses to perform effectively in a specific role or task.
	Capability
	The skills, knowledge, abilities, and experiences that an individual possesses to perform effectively in a specific role or task.
Align Teams The ability to organize people, resources, and systems to successfully execute a plan.	Organizing People
	The ability to effectively coordinate and arrange individuals into cohesive groups, ensuring that everyone understands their roles and collaborates efficiently to achieve the team's goals.
	Building Systems
	The ability to create and implement structured processes and frameworks that support the efficient functioning of the team and facilitate the successful execution of plans.
	Executing Plans
	The ability to carry out strategies and actions effectively, ensuring that tasks are completed accurately and on time to achieve the desired outcomes.
Share Purpose	Clarifying Vision
The ability to work with others to develop	The ability to clearly articulate and refine a compelling vision that aligns with the team's goals and motivates others to work towards a common purpose.
and communicate a	Strategic Planning
compelling vision and actionable plan.	The ability to develop detailed and actionable plans that outline the steps needed to achieve the vision, ensuring that resources are allocated effectively and goals are attainable.
	Inspiring Action
	The ability to motivate and encourage others to take proactive steps towards achieving the shared vision by communicating passion, enthusiasm, and a clear sense of purpose.
Empower Potential	Affirming
The ability to encourage others to use their gifts and talents to contribute to the team's purpose.	The ability to recognize and validate the strengths and contributions of others, fostering confidence and encouraging them to use their gifts and talents for the team's purpose.
	Delegating
	The ability to assign tasks and responsibilities to others based on their strengths and talents, empowering them to contribute meaningfully to the team's purpose.
	Supporting
	The ability to provide assistance, resources, and encouragement to others, helping them utilize their gifts and talents effectively to achieve the team's purpose.